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Dr Wang studied medicine at Henan Medical University, Zhengzhou, and specialized in cardiovascular medicine at the Cardiovascular Institute and Fuwai Hospital of the Chinese Academy of Medical Sciences, Beijing. He received his doctoral degree in medical sciences (PhD) from University of Leuven, Belgium.

Dr Wang coordinated database management and statistical analysis of the Systolic Hypertension in China trial (Syst-China), the first large-scale hypertension trial involving the Chinese population. At present, he is coordinating several multicentre randomized clinical trials and population- or patient-cohort studies in China. He has published more than 230 full-length articles on hypertension in the international literature and more than 100 articles in the Chinese literature, and has lectured extensively in national and international conferences.